

STYLE

1 JANUARY 2012

THE SUNDAY TIMES

**FLAVOUR
PUNCH**
THE DELICIOUS WAY
TO LOSE WEIGHT

.....
**WHAT LIES
AHEAD**

HOROSCOPE 2012
WHAT THE
STARS HAVE
IN STORE
FOR YOU

CLEAN & serene

WHERE TO CALM DOWN, CHILL OUT
AND GET YOURSELF TOGETHER

UPDATE

HOT LIST, SHOP IT, WEAR IT, KNOW IT, LIVE IT



Energy hit: channel some of Posh's 'go get it' attitude



SHANE WATSON

THE WISH LIST

It's all very well starting the new year with all the usual resolutions (drink less, moan less, use muscles other than Facebook fingers), the trouble is you can never picture the New Year New You, only the old you in front of a mountain of challenging lifestyle changes. Some of us need inspiration, something concrete to aspire to. So, I have come up with a different new year's honours list — women who I resolve to be more like in 2012.

• Meryl Streep. Well, we wouldn't be in the grip of Thatcher fascination if Thatch was played by Mariah Carey. She's astonishingly impressive: 50-plus films (no duds), still with the man she married in 1978, and she hasn't cooked dinner since *Sophie's Choice*. Also, she's ageing right, as opposed to Jane Fonda, who is looking rather eager-beaver in her slacks and over-the-knee boots.

• Type-A Frenchwomen. These are the ones who have stolen our rock-chick style, merged it with their home-grown *femme fatale* attitude, added a dash of Left Bank chic, a swish of prettiness, a wisp of Gitanes smoke, *et voilà*. Resolve to dress more like her and, meanwhile, act more like her bourgeois cousin, Type B.

• Type-B Frenchwomen. The mothers on whom Pamela Druckerman based her new book, *French Children Don't Throw Food*. This lot are so in control, they make us look like feckless stoners, and not just in the context of child-rearing. The part we could learn from is the TBF's 100% commitment to an adult agenda. She's not pretending to be a teenager or her child's best friend, and she's not remotely interested in talking about her domestic life. Now that's worth emulating.

BY CLASH

• Sarah Lund. Some people may be bored with all the Lund obsessing, but not me. I want to be more like her in the following respects: doggedly focused and thorough; not even remotely bothered by what anyone thinks of me; tireless in the pursuit of justice; smart as a whip; fearless; unbullyable — by man, mother or boss.

• The Rev's wife in Rev. Just the right balance of wifely support and insurrection, empathy and piss-taking. We could, probably should, take a leaf out of her book.

• Victoria Beckham. Don't want to look like her. Don't particularly want to wear her clothes. But could do with some of her "Never say can't" spirit, as well as that energy. And to think it's all done without carbs.

• Karen Brady. Love the way she looks like a sexy 1960s backing singer crossed with the heroine of a Jackie Collins book, and really like her straight-talking, low-voiced boardroom manner. Someone to think of when getting shrieky and hair-pulling at work.

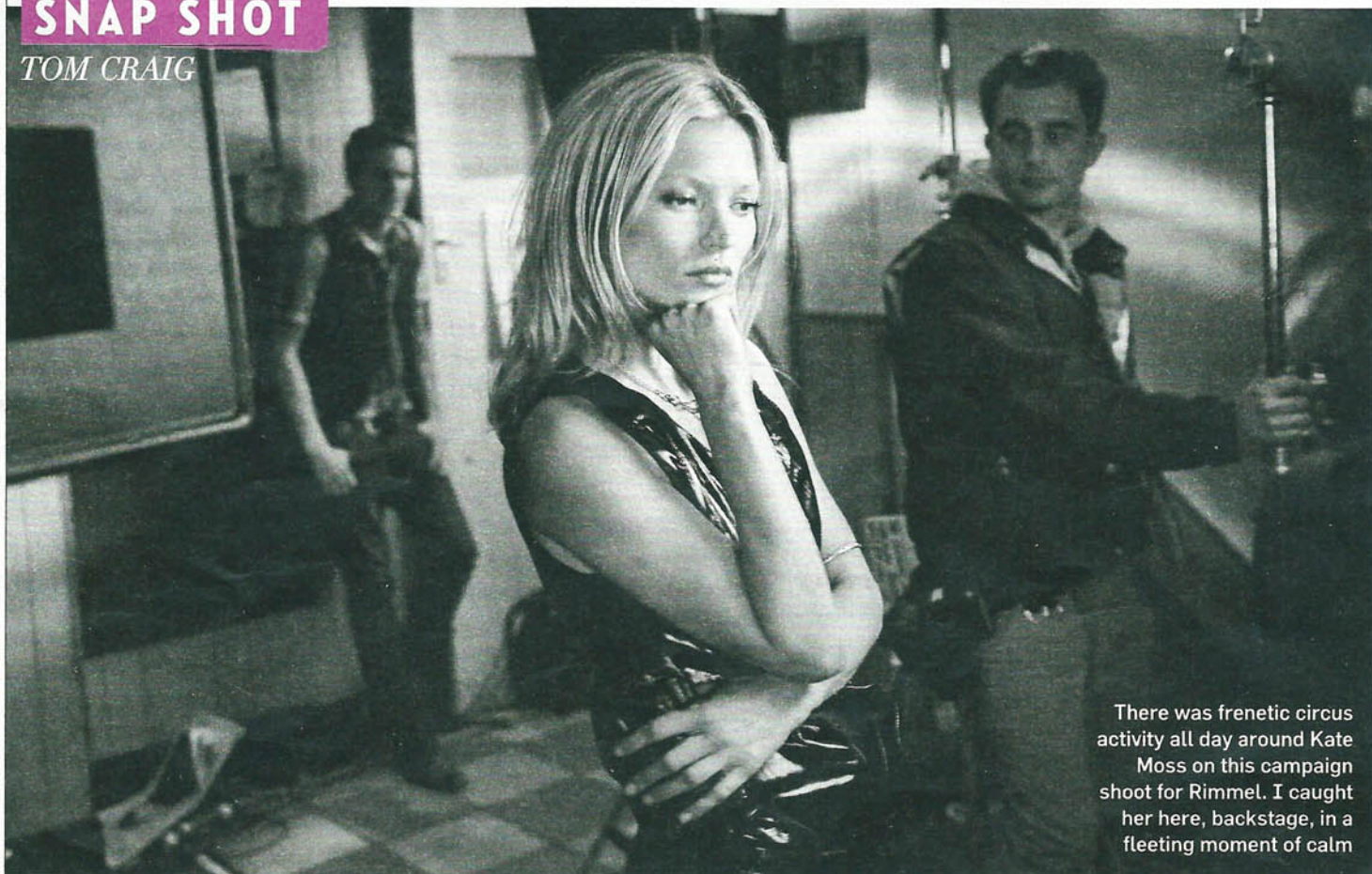
• Stella McCartney. Because she is having it all while looking relaxed in a jumpsuit and behaving like a normal human being. A reminder that you don't have to get man aggression and a tight jaw to get ahead.

• The Queen. She always behaves as if she's delighted to be wherever she is and genuinely up for every new experience, however boring — something I'd like to perfect.

Alternatively, pick a woman you want to be nothing like in 2012. Sally Bercow, anyone? ●

SNAP SHOT

TOM CRAIG



There was frenetic circus activity all day around Kate Moss on this campaign shoot for Rimmel. I caught her here, backstage, in a fleeting moment of calm